



Wellness Network Learning Community Courses

Cooking Basics 1

Facilitator: Andrew Watt

Time: 2:00 pm – 4:00 pm Wednesdays
Course Dates: April 7, 14, 21, 28
May 5, 12

Limit of 4 participants. In person only.

Goal Setting

Facilitators: Jessica Meilleur and Geri Rasmussen

Time: 1:00 pm – 3:00 pm Tuesdays
Course Dates: April 13, 20, 27
May 4, 11, 18

Limit of 6 participants. In person and online.

Cooking Basics 2

Facilitator: Andrew Watt

Time: 2:00 pm – 4:00 pm Wednesdays
Course Dates: May 26
June 2, 9, 16

Limit of 4 participants. In person only.

Creating Resiliency

Facilitators: Colin Simpson and Brent Warren

Time: 1:00 pm – 3:00 pm Thursdays
Course Dates: May 6, 13, 20, 27
June 3, 10

Limit of 6 participants. In person and online.

For registration, please contact Fay Swann on 780.426.7861 or email fswann@prosperplace.org