

## September 2020 – Events Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
	1 10:45 am Social Rec/Events Team Meeting 3:00 pm “Giant Jenga”	2 1:30 pm Social Rec “KARAOKE” 	3 1:30 pm Yoga 3:00 pm “Headbanz”	4 11:00 am Morning Yoga! 
7 <b>CLOSED</b>  Labour Day	8 10:45 am – 12:00 pm Workshop/Employment Team Meeting 1:15 pm – 2:15 pm Turning Negative Thoughts Into Positive – Pt. 1	9 End of Summer BBQ! 12:00 pm Popcorn & Website Viewing	10 11:00 am Fundraising Team Meeting 1:30 pm Yoga 3:00 pm “Charades”	11  1:00 pm Mindful Meditation
14 11:00 am “Stained Glass Art” 1:45 pm Newsletter Team Meeting	15 1:15 pm – 2:15 pm Turning Negative Thoughts Into Positive – Pt. 2 3:00 pm “Walk the Block”	16 11:00 am “Giant Bowling” 1:30 pm Social Rec “Nutrition Workshop”	17 11:00 am Word Game 1:30 pm Yoga 5:00 pm Annual General Meeting	18 11:00 am “Rock Painting!”
21 11:00 am “Walk the Block” 1:45 pm Newsletter Team Meeting	22 10:45 am – 12:00 pm Workshop/Employment Team – Customer Service Panel 3:00 pm “IMPROV!”	23  1:30 pm Social Rec “Mental Health First Aid Kits”	24 11:00 am “Pictionary!” 12:00 pm Peer Director Board Meeting 1:30 pm Yoga	25  1:00 pm Mindful Meditation
28  1:15 pm – 2:15pm “Peer Support Workshop”	29 11:00 am “Comedy Show Prep” 1:30 pm “Movie time”	30 1:30 pm Social Rec “Comedy Show”		